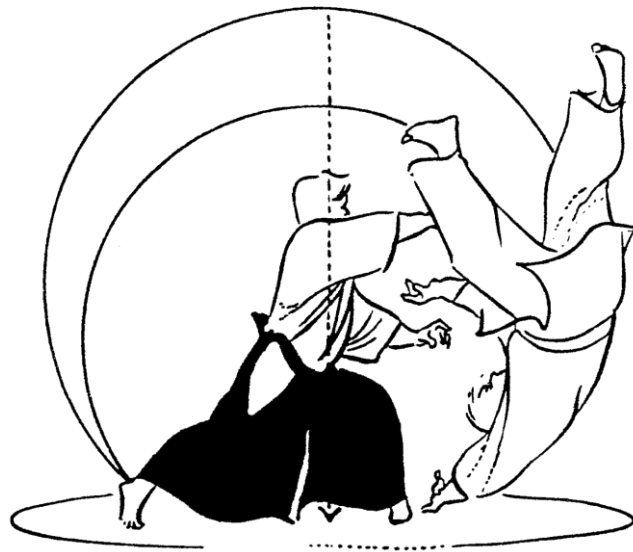


Learn Aikido

What is **Aikido**? Aikido is a traditional Japanese Martial Art that uses postures, techniques, and wide circular movements to redirect the energy and momentum of an attacker back at them.

Halifax Aikikai is the oldest Aikikai-style Aikido dojo in Halifax and is looking for new members! Drop in or contact us for more information. *The first class is free!*

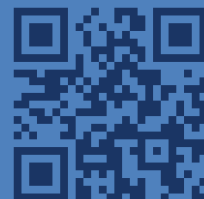


Halifax Aikikai
Established 1976

Start your Aikido journey today!

Camp Hill Medical Centre
Abbie J. Lane Memorial Building, 4th Floor
Gymnasium. Corner of Veteran's Memorial
Lane and Summer Street, Halifax.

Visit us at halifaxaikikai.ca



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